

WINTERBOURNE NURSERY AND INFANT SCHOOL
SCHOOL MEALS - SPRING TERM 2019

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
	21 st January 11 th February 4 th March	22 nd January 12 th February 5 th March	23 rd January 13 th February 6 th March	24 th January 14 th February 7 th March	25 th January 15 th February 8 th March
R	Mediterranean Wrap with Tomato & Mozzarella Sauce & Potato Wedges	Beef Masala Curry with Turmeric Rice	Lemon & Thyme Roasted Chicken & Stuffing with Roast Potatoes	Chicken Sausages with Mashed Potato & Gravy in a Yorkshire Pudding	Fish Fingers & Chips
G	Roasted Sweet Potato & Spinach Cannelloni	Courgette Layered Lasagne with Garlic Bread	Roasted Cherry Tomato, Egg & Broccoli Tart with Roast Potatoes	Butterbean & Mushroom Stroganoff with Pearl Barley Rice	Cheddar & Onion Swirl with Chips
B	Jacket Potato with Baked Beans, Tuna Mayo or Grated Cheese	Pasta with Cheese Sauce	Wholemeal Pasta with Beef Bolognese Sauce	Jacket Potato with Baked Beans or Grated Cheese	Jacket Potato with Baked Beans or Grated Cheese
	Carrots Garden Peas Spiced Apple & Honey Oaty Crumble with Custard Homemade Mousse	Green Beans Sweetcorn Jam Sponge with Custard Jelly	Roasted Seasonal Root Vegetables Savoy Cabbage Chocolate & Pear Sponge & Chocolate Custard	BBQ Smoky Beans Carrots Cinnamon & Apple Pie with Vanilla Ice Cream Jelly	Baked Beans Garden Peas Vanilla Shortbread Biscuit Homemade Mousse

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
	7 th January 28 th January 18 th February	8 th January 29 th January 19 th February	9 th January 30 th January 20 th February	10 th January 31 st January 21 st February	11 th January 1 st February 22 nd February
R	Cheese & Tomato Pizza with Potato Wedges	Mild Chilli Beef Taco & Minted Yoghurt	Honey & Paprika Roast Chicken & with Roast Potatoes	Beef Lasagne with Garlic Bread	Battered Cod & Chips
G	Balsamic Roasted Tomato, Basil & Pasta Bake	Chargrilled Spicy Fajitas with Mexican Rice	Five Bean & Barley Cassoulet with Herb Dumplings	Mild Chilli Taco & Minted Yoghurt	Egg, Cheese & Vegetable Frittata with Chips
B	Jacket Potato with Baked Beans, Tuna Mayo or Grated Cheese	Pasta with Beef Bolognese Sauce	Wholemeal Pasta with Tomato & Basil Sauce & Grated Cheese	Jacket Potato with Baked Beans or Grated Cheese	Jacket Potato with Baked Beans, Salmon Mayo or Grated Cheese
	Boston Baked Sweetcorn Caramelised Apple & Plum Crumble with Custard Homemade Mousse	Green Beans Kachumber Salad Carrot Cake with Custard Jelly	Roasted Seasonal Root Vegetables Garden Peas Chocolate Sponge with Chocolate Custard Homemade Mousse	Carrots Broccoli Red Cherry & Apple Pie with Vanilla Ice Cream Jelly	Baked Beans Garden Peas Chocolate & Beetroot Brownie Homemade Mousse

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
	14 th January 4 th February	15 th January 5 th February	16 th January 6 th February	17 th January 7 th February	18 th January 8 th February
R	Vegetarian Bolognese Sauce with Herby Spaghetti	Chargrilled Spicy Chicken Fajitas with Mexican Rice	Roast Turkey & Stuffing with Roast Potatoes	Beef Burger with Potato Wedges	Fish Fingers with Chips
G	Red Lentil & Cheese Loaf with Potato Wedges	Veggie Sausages, Mashed Potato, & Gravy in a Yorkshire Pudding	Rosemary, Feta & Pepper Quiche with Roast Potatoes	Sweet & Spiced Potato & Chickpea Keralan Curry with Rice	BBQ Pulled Carrot & Bean Slider
B	Jacket Potato with Baked Beans, Tuna Mayo or Grated Cheese	Pasta with Tomato & Basil Sauce & Grated Cheese	Wholemeal Pasta with Tomato & Basil Sauce & Grated Cheese	Jacket Potato with Baked Beans or Grated Cheese	Jacket Potato with Baked Beans or Grated Cheese
	Broccoli & Carrots Poached Pear & Apple Crumble with Custard Jelly	Mixed Peas & Sweetcorn Sticky Toffee Pudding & Custard Homemade Mousse	Roasted Seasonal Root Vegetables & Curly Kale Warm Waffle with Chocolate Custard	Carrots, Cauliflower & Green Beans Apple & Blackcurrant Pie & Vanilla Ice Cream	Baked Beans Garden Peas Baked Banana Flapjack Jelly

